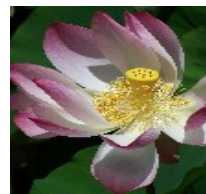


Mana Lomi® Level 1 and Lomi'ili'ili (Hawaiian Hot Stone Therapy)

January 16-18, 2014 & January 23-35, 2014

Mana Lomi® 1: Clinical Techniques

January 16-18, 2014 Tuition: \$485 Instructor: Candace Agustin, MAT8149



Authentic Mana Lomi® is based on Hawaiian concepts of working with the body, mind and spirit. It is hands-on healing that is deep and powerful, yet gentle, giving immediate and long-term results. Lomilomi symbolically means “to communicate energetically deep within the bones of the individual thus the soul of the person”.

Mana Lomi® Level 1 will include topics such as clinical procedures of Mana Lomi®, simple meditation, ho'oponopono (alignment of living), the history and timeline of Mana Lomi®, Hawaiian healing chants, and Hale Pulo'ulo'u (Hawaiian House of Purification) on the final day (time and weather permitting). Mana Lomi® 1 is suggested for all upper level Mana Lomi® techniques including Level 2 (Advanced Specific Conditions), Lomi'ili'ili (Hawaiian Hot Stone Therapy), and Level 3 (Joint Mobilization, taught exclusively by Kumu Maka'ala Yates, D.C.). To reserve a place in the class, send \$100 deposit by December 1, 2013. Full tuition must be paid two weeks before class. Upon completion, all students are qualified for 27 units of continuing education under Category A with the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB).

Lomi'ili'ili (Hawaiian Hot Stone Therapy)

January 23-25, 2014 Tuition: \$535

Carol Hart, MAT6285

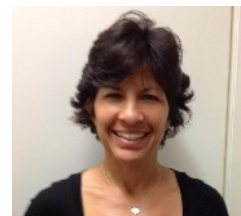
Lomi'ili'ili, which literally means “flat stones in motion,” have been used in Hawaii for hundreds of years to treat the many levels of healing necessary to help restore balance in the mind-body-soul. Traditionally, stones were used as an extension of the hands to help the practitioner to better access hard to reach physical restrictions.

This intensive training invites you to experience the traditional and ancient Hawaiian art form of hot stone therapy that is specific to the individual's needs. Each student will learn how to collect stones using proper protocols, how to heat the stones and control the temperature, and how to clean the stones. workshop will take place from January 23-25 at the Aloha Lomi Massage Academy (MAE2666) for three full days. Most materials are provided. To save a position in class, send \$100 non-refundable deposit by December 1, 2013; full tuition must be paid two weeks in advance. Upon completion, all students are qualified for 27 units of continuing education under Category A with the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB).

Carol Hart, MAT 6285, is a certified Mana Lomi® Instructor. She founded Hart-Felt Massage & Day Spa, the first massage establishment and spa on West Kauai, and is founder and instructor for the Aloha Lomi Massage Academy in Lihu'e.



Candace Agustin, MAT 8149, is a certified Mana Lomi® Instructor. She has more than 12 years of experience in the healing arts and is excited to be a part of the Mana Lomi® ohana and Teaching staff.



Bringing The Healers Back Into The Families.